## Eastern Young Athletes' League Finals Timetable 2024

|              |             |        |                        |               | Team                    | to judge       |
|--------------|-------------|--------|------------------------|---------------|-------------------------|----------------|
| 12.00        | <b>70mH</b> | U13 G  | 11.30                  | <b>U17 W</b>  | High Jump               | 4              |
|              | 75mH        | U15 G  |                        | U13 G         | <b>Shot Putt</b>        | 5              |
|              | 75mH        | U13 B  |                        | U17 M         | Long Jump               | 6              |
|              | 80mH        | U17 W  |                        | U17/U15       | Hammer (M+F)            | 1              |
|              | 80mH        | U15 B  |                        |               |                         |                |
|              | 100mH       | U17 M  | 11.45                  | U17W/U15G     | <b>Polevault Female</b> | 2              |
| 12.35        | 800m        | U13 G  | 12.15                  | U13 G         | High Jump               | 4              |
|              | 800m        | U15 G  |                        | U15 G         | <b>Shot Putt</b>        | 5              |
|              | 800m        | U17 W  |                        | U15 B         | Long Jump               | 3              |
|              | 800m        | U13 B  |                        |               |                         |                |
|              | 800m        | U15 B  | 12.45                  | U15 B         | Discus                  | 6              |
|              | 800m        | U17 M  |                        | U13B          | Javelin                 | 1              |
| 13.25        | 100m        | U13 G  | 13.00                  | U15 G         | High Jump               | 4              |
|              | 100m        | U15 G  |                        | U17 W         | <b>Shot Putt</b>        | 5              |
|              | 100m        | U17 W  | 13.15                  | U13 B         | Long Jump               | 2              |
|              | 100m        | U13 B  |                        | U17M/U15B     | Polevault(Male)         | 3              |
|              | 100m        | U15 B  |                        |               |                         |                |
|              | 100 m       | U17 M  | 13.30                  | U17 M         | Discus                  | 6              |
|              |             |        |                        | U13G          | Javelin                 | 1              |
| 14.30        | 400m        | U17 M  | 13.55                  | U17 W         | Long Jump               | 4              |
|              |             |        |                        | U13 B         | Shot Putt               | 2              |
| <b>14.40</b> | 300m        | U15 G  |                        | <b>U17M</b>   | High Jump               | 5              |
|              | 300m        | U17 W  |                        |               |                         |                |
|              | 300m        | U15 B  | 14.10                  | U17 W         | Discus                  | 6              |
| 4 = 00       | 4 = 0 0     |        |                        | U15 B         | Javclin                 | 1              |
| <b>15.00</b> | 1500m       | U13 G  | (1 race per age-group) |               |                         | _              |
|              | 1500m       | U15 G  | 14.40                  | U13 G         | Long Jump               | 2              |
|              | 1500m       | U17 W  |                        | U17 M         | Shot putt               | 4              |
|              | 1500m       | U13 B  |                        | ***** ~       | 7.1                     | _              |
|              | 1500m       | U15 B  | 14.55                  | U15 G         | Discus                  | 5              |
|              | 1500m       | U17 M  |                        | U17 W         | Javelin                 | 3              |
| 15.50        | 200         | T110 C |                        | U15 B         | High Jump               | 6              |
| 15.50        | 200m        | U13 G  | 15.25                  | 1115 C        |                         | •              |
|              | 200m        | U15 G  | 15.25                  | U15 G         | Long Jump               | 2              |
|              | 200m        | U17 W  |                        | U15 B         | Shot Putt               | 1              |
|              | 200m        | U13 B  | 15.25                  | T112 C        | D.                      | -              |
|              | 200m        | U15 B  | 15.35                  | U13 G         | Discus                  | 5              |
|              | 200m        | U17 M  |                        | U17 M         | Javelin                 | 3              |
| 16.40        | 4 x 100m    | U13 G  | 15.55                  | U13 B         | High Jump               | 6              |
|              | 4 x 100m    | U15 G  | 16.45                  | T1177 XX7/A/F | Tuinle Income           | 2 0- 1111-     |
|              | 4 x 100m    | U17 W  | 16.15                  | U17 W/M       | Triple Jump             | 2 & 4 together |
|              | 4 x 100m    | U13 B  |                        | U15 G         | Javelin<br>Diama        | 3              |
|              | 4 x 100m    | U15 B  |                        | U13 B         | Discus                  | 1              |
|              | 4 x 100m    | U17 M  |                        |               |                         |                |

- A and B string in each event, with the exception of the relays where there will be one scoring team per age group per club, and the pole-vault and hammer which are limited to "A" string only.
- Where A & B string races are held separately team managers arc expected to put the better runner in the A string. Failure to do this can lead to disqualification of both strings.
- No non-scoring competitors will be permitted

## Eastern Young Athletes' League Finals 2020

Individual club field event allocations are:

| Team 1 |                    |                           |             |                                       |               |  |  |  |
|--------|--------------------|---------------------------|-------------|---------------------------------------|---------------|--|--|--|
| 11.30  | -<br>Hammer        | U17/U15 M+F               | <u>Team</u> |                                       |               |  |  |  |
| 12.45  | Javelin            | U13 Boys                  | 11.30       | High Jump                             | U17 Women     |  |  |  |
| 13.30  | Javelin            | U13 Girls                 | 12.15       | High Jump                             | U13 Girls     |  |  |  |
| 14.10  | Javelin            | U15 Boys                  | 13.00       | High Jump                             | U15 Girls     |  |  |  |
| 15.25  | Shot Put           | U15 Boys                  | 13.55       | Long Jump                             | U17 Women     |  |  |  |
| 16.15  | Discus             | U13 Boys                  | 14.40       | <b>Shot Put</b>                       | U17 Men       |  |  |  |
| 10110  | Discus             | C16 2035                  | 16.15       | <b>Triple Jump</b>                    | U17 Men/Women |  |  |  |
| Team 2 |                    |                           |             | (Triple Jump together with team No 2) |               |  |  |  |
| 11.45  | =<br>Polevault     | U17Women/U15Girls         |             |                                       |               |  |  |  |
| 13.15  | Long Jump          | U13 Boys                  | Team 5      |                                       |               |  |  |  |
| 13.55  | Shot Put           | U13 Boys                  | 11.30       | Shot Put                              | U13 Girls     |  |  |  |
| 14.40  | Long Jump          | U13 Girls                 | 12.15       | <b>Shot Put</b>                       | U15 Girls     |  |  |  |
| 15.25  | Long Jump          | U15 Girls                 | 13.00       | <b>Shot Put</b>                       | U17 Women     |  |  |  |
| 16.15  | Triple Jump        |                           | 13.55       | High Jump                             | U17 Men       |  |  |  |
| 10.15  |                    | ogether with team No 4)   | 14.55       | Discus                                | U15 Girls     |  |  |  |
|        | (Tripic Jump       | together with team 140 4) | 15.35       | Discus                                | U13 Girls     |  |  |  |
| Team 3 |                    |                           |             |                                       |               |  |  |  |
| 12.15  | Long Jump          | U15 Boys                  | Team 6      |                                       |               |  |  |  |
| 13.15  | Polevault          | U17 Men/U15 Boys          | 11.30       | Long Jump                             | U17 Men       |  |  |  |
| 14.55  | Javelin            | U17 Women                 | 12.45       | Discus                                | U15 Boys      |  |  |  |
| 15.35  | Javelin            | U17 Men                   | 13.30       | Discus                                | U17 Men       |  |  |  |
| 16.15  | Javelin<br>Javelin | U15 Girls                 | 14.10       | Discus                                | U17 Women     |  |  |  |
| 10.13  | gaveiii            |                           | 14.55       | High Jump                             | U15 Boys      |  |  |  |
|        |                    |                           | 15.55       | High Jump                             | U13 Boys      |  |  |  |
|        |                    |                           |             | - F                                   | - J ·-        |  |  |  |

At least one member of each field team must be a qualified Official of at least level 2 (= old grade 4). Visiting clubs should notify the host club in advance if this presents a problem. If the host club is unable to find a suitable official to lead that field team, the Referee can decide that the event(s) cannot take place.

All clubs to provide at least one track judge & one timekeeper to report to the referee/chief 30 mins before the first event.

The host club should have a  $2^{nd}$  Highjump bed available ready for competition if possible, and this should be used to start the next event if the previous event has not finished. The referee can ask clubs for additional officials/helpers if this is necessary.

Warm-ups should start well before the scheduled event time, if the area is clear, so that the event can start on time or as soon as possible after the scheduled time.

Field competition order draw for both matches – both A and B strings, using the same team number allocation as field duties from the list issued by the league sec, is as follows:

| Shot, Longjump,      | 5-1-3-2-4-6 |
|----------------------|-------------|
| Discus               | 2-4-6-5-3-1 |
| Javelin              | 4-6-5-3-1-2 |
| Highjump, Triplejump | 3-1-4-6-2-5 |
| Hammer, Polevault    | 6-2-1-4-5-3 |

Track event lane draws for each event vary by age-group