

MALE

As at 20th June 2026

100 Metres						
Age	Athlete	Result	(w/s)	League Club	Location	Date
U14B	Alex Westgate	11.8	-	Herts Pheonix	Thurrock	07/06/2026
U16B	Joshua Buxton	11.2	-	Havering AC	Watford	07/06/2026
U18M	Oluwatobi Ogundeko	10.99	-3.9	Thurrock Harriers	Grays	07/09/2025

200 Metres						
Age	Athlete	Result	(w/s)	League Club	Location	Date
U14B	Elijah Lowe	24.2	-	Havering AC	Watford	07/06/2026
U16B	Caylon Emmanuel	23.0	-	St Albans AC	Chelmsford	07/06/2026
	George Hill		-	Ilford & Southend	Watford	07/06/2026
U18M	Stanley Hurst	22.3	-	Shaftesbury Barnet Harriers	Cambridge	26/04/2026

300 Metres						
Age	Athlete	Result	-	League Club	Location	Date
U16B	Stanley Wilkinson	37.3		Stevenage & HAWCS	Watford	07/06/2026

400 Metres						
Age	Athlete	Result	-	League Club	Location	Date
U18M	Matthew Agbolege	50.5		Ilford & CoS	Basildon	26/04/2026

800 Metres						
Age	Athlete	Result	-	League Club	Location	Date
U14B	George Brooks	02:18.2		Bedford & County AC	Basildon	26/04/2026
	Finlay McGeehan			C&C Ely Newmarket	Cambridge	26/04/2026
U16B	Jamie Gilbey	02:00.80		Chelmsford AC	Stevenage	26/04/2026
U18M	Daniel Pollard	01:53.7		Chelmsford AC	Chelmsford	07/06/2026

1500 Metres						
Age	Athlete	Result	-	League Club	Location	Date
U14B	Josh Viner-Wood	04:23.7		Basildon AC	Chelmsford	07/06/2026
U16B	Jake Davis	04:13.01		Bedfordshire Lions	Stevenage	26/04/2026
U18M	Finn Maclennan	04:06.80		Cambridge & Coleridge AC	Grays	07/09/2025

80 Metres Hurdles						
Age	Athlete	Result	(w/s)	League Club	Location	Date
U14B	Abe Martin	12.55	+0.5	Herts Phoenix	Stevenage	26/04/2026

100 Metres Hurdles						
Age	Athlete	Result	(w/s)	League Club	Location	Date
U16B	Kayden Thomas	12.9		Shaftesbury Barnet Harriers	Cambridge	26/04/2026

110 Metres Hurdles						
Age	Athlete	Result	(w/s)	League Club	Location	Date
U18M	Seth Rennie Roddy	14.8		Shaftesbury Barnet Harriers	Cambridge	26/04/2026

200 Metres Hurdles						
Age	Athlete	Result	(w/s)	League Club	Location	Date
U14B	X	99.9				

300 Metres Hurdles						
Age	Athlete	Result	-	League Club	Location	Date
U16B	Felix Churchill-Browne	40.9		Chelmsford AC	Chelmsford	07/06/2026

400 Metres Hurdles						
Age	Athlete	Result	-	League Club	Location	Date
U18M	Matthew Agbolege	50.5		Ilford & CoS	Basildon	26/04/2026

High Jump						
Age	Athlete	Result	-	League Club	Location	Date
U14B	James Tsui	1.65		Shaftesbury Barnet Harriers	Cambridge	26/04/2026
U16B	Jake Read	1.90		Chelmsford AC	Stevenage	26/04/2026
U18M	Omondi Owuor	2.00		Cambridge & Coleridge AC	Grays	07/09/2025
	Charlie Pyner		Chelmsford AC	Basildon	26/04/2026	

Long Jump						
Age	Athlete	Result	(w/s)	League Club	Location	Date
U14B	Malachi Onslow	5.2		SSA E&A	Thurrock	07/06/2026
U16B	Kayden Thomas	6.18		Shaftesbury Barnet Harriers	Chelmsford	07/06/2026
U18M	Hugo McFarlane-Cushing	6.48		Stevenage & North Herts	Chelmsford	07/09/2025

Triple Jump						
Age	Athlete	Result	(w/s)	League Club	Location	Date
U16B	Zac Jenkins	11.77		Watford Harriers	Watford	07/06/2026
U18M	Harley Henry	13.63		Shaftesbury Barnet Harriers	Grays	07/09/2025

Pole Vault						
Age	Athlete	Result	-	League Club	Location	Date
U14B	Josh Viner-Wood	2.50		Basildon AC	Chelmsford	07/06/2026
U16B	Noah Van Den Bergh	4.10		Shaftesbury Barnet Harriers	Chelmsford	07/06/2026
U18M	Ramsay Gill	4.40		Shaftesbury Barnet Harriers	Chelmsford	07/06/2026

Discus Throw						
Age	Athlete	Result	-	League Club	Location	Date
U14B	Seif Fahmey	36.23		SSA E&H	Thurrock	07/06/2026
U16B	Benjamin Wells	39.13		Basildon AC	Basildon	26/04/2026
U18M	Chu Ononogbu	49.79		Shaftesbury Barnet Harriers	Cambridge	26/04/2026

Hammer Throw						
Age	Athlete	Result	-	League Club	Location	Date
U14B	Mason Bracewell	43.60		SSA E&A	Thurrock	07/06/2026
U16B	Charlie Taylor	42.23		SSA E&A	Chelmsford	07/06/2026
U18M	Sam Johnson	50.38		Havering AC	Grays	07/09/2025

Javelin Throw						
Age	Athlete	Result	-	League Club	Location	Date
U14B	Raheim Kerr	35.40		SS Athletics	Chelmsford	07/09/2025
U16B	Jacob Dines	55.94		West Suffolk AC	Chelmsford	07/06/2026
U18M	Finley Dines	51.49		West Suffolk AC	Cambridge	26/04/2026

Shot Putt						
Age	Athlete	Result	-	League Club	Location	Date
U14B	Hannas Aina	12.75		Thurrock Harriers	Thurrock	07/06/2026
U16B	Ameer Salaam	17.5		Havering AC	Cambridge	26/04/2026
U18M	Sam Johnson	14.81		Havering AC	Cambridge	26/04/2026

4X100mR						
Age	Athlete	Result	-	League Club	Location	Date
U14B	Havering	47.9		Havering AC	Watford	07/06/2026
U16B	Shaftesbury Barnet Harriers	46.1		Shaftesbury Barnet Harriers	Chelmsford	07/06/2026
U18M	Havering	43.44		Havering AC	Grays	07/09/2025

FEMALE

100 Metres

Age	Athlete	Result	(w/s)	League Club	Location	Date
U14G	Desirae Mutsekwa	12.9	-	Bedford & County AC	Basildon	26/04/2026
U16G	Abigail McElroy	12.38	+1.2	Chelmsford AC	Stevenage	26/04/2026
U18W	Holly Ryan	12.0	-	Shaftsbury Barnet Harriers	Chelmsford	07/06/2026

200 Metres

Age	Athlete	Result	(w/s)	League Club	Location	Date
U14G	Desirae Mutsekwa	26.2	-	Bedford & County AC	Chelmsford	07/06/2026
U16G	Tillie Jack	25.6	-	Ipswich Harriers	Watford	07/06/2026
U18W	Holly Ryan	25.04	+2.3	Shaftsbury Barnet Harriers	Chelmsford	07/09/2025

300 Metres

Age	Athlete	Result	-	League Club	Location	Date
U16G	Anya Rochester	42.2		Watford	Watford	07/06/2026

400 Metres

Age	Athlete	Result	-	League Club	Location	Date
U18W	Lucy Bulman	58.4		Chelmsford	Chelmsford	07/06/2026

800 Metres

Age	Athlete	Result	-	League Club	Location	Date
U14G	Katie Wyles	02:18.80		Basildon AC	Chelmsford	07/06/2026
U16G	Lorna Longley	02:15.1		Basildon AC	Chelmsford	07/06/2026
U18W	Elmear McGinley	02:14.8		Watford Harriers	Watford	07/06/2026

1500 Metres

Age	Athlete	Result	-	League Club	Location	Date
U14G	Katie Wyles	04:54.7		Basildon AC	Basildon	26/04/2026
U16G	Imogen Dempsey	04:44.98		SNH/HAWCS	Stevenage	26/04/2026
U18W	Jessica Walker	04:49.1		Chelmsford AC	Chelmsford	07/06/2026

75 Metres Hurdles

Age	Athlete	Result	(w/s)	League Club	Location	Date
U14G	Ela Yagiz	12.0	-	Ilford & CoS	Basildon	26/04/2026

80 Metres Hurdles

Age	Athlete	Result	(w/s)	League Club	Location	Date
U16G	Chloe Allam	12.24	+1.1	Chelmsford AC	Stevenage	26/04/2026

100 Metres Hurdles

Age	Athlete	Result	(w/s)	League Club	Location	Date
U18W	Amelie Scott	13.85	+1.9	Chelmsford AC	Stevenage	26/04/2026

200 Metres Hurdles

Age	Athlete	Result	(w/s)	League Club	Location	Date
U14G	Sienna Darcy	29.4		Shaftsbury Barnet Harriers	Chelmsford	07/06/2026

300 Metres Hurdles

Age	Athlete	Result	(w/s)	League Club	Location	Date
U16G	X	99.9				

400 Metres Hurdles

Age	Athlete	Result	(w/s)	League Club	Location	Date
U18W	X	99.9				

High Jump						
Age	Athlete	Result	-	League Club	Location	Date
U14G	Nathania Lewis	1.51		Bedfordshire Lions	Stevenage	26/04/2026
U16G	Freya McGowan	1.64		Watford	Stevenage	26/04/2026
U18W	Elouise Thomas	1.65		SSA E&A	Basildon	26/04/2026

Long Jump						
Age	Athlete	Result	(w/s)	League Club	Location	Date
U14G	Kaia Vaughan	4.86		Shaftesbury Barnet Harriers	Chelmsford	07/06/2026
U16G	Everly Platts	5.26		Chelmsford AC	Chelmsford	07/06/2026
U18W	Alice Coshell	5.64		Thurrock Harriers	Stevenage	26/04/2026

Triple Jump						
Age	Athlete	Result	(w/s)	League Club	Location	Date
U16G	Abigail McElroy	10.68		Chelmsford AC	Stevenage	26/04/2026
U18W	Alice Coshell	11.35		Thurrock Harriers	Stevenage	26/04/2026

Pole Vault						
Age	Athlete	Result	-	League Club	Location	Date
U14G	Amy Powell	2.30		St Albans AC	Chelmsford	07/06/2026
U16G	Lois Fordham	3.20		Bedford & County AC	Basildon	26/04/2026
U18W	Alice Bird	3.20		Enfield & Haringay	Chelmsford	07/09/2025

Discus Throw						
Age	Athlete	Result	-	League Club	Location	Date
U14G	Olivia McMillan	29.43		City of Norwich AC	Cambridge	26/04/2026
U16G	Eleanor Wright	28.81		City of Norwich AC	Thurrock	07/06/2026
U18W	Matilda Hewitt	38.48		Chelmsford AC	Chelmsford	07/06/2026

Hammer Throw						
Age	Athlete	Result	-	League Club	Location	Date
U14G	Isabella Springer	35.97		Harlow AC	Stevenage	26/04/2026
U16G	Mia Flynn	52.03		Bedford & County AC	Chelmsford	07/06/2026
U18W	Monica Malagala	50.34		Chelmsford AC	Chelmsford	07/09/2025

Javelin Throw						
Age	Athlete	Result	-	League Club	Location	Date
U14G	Daisy Saunders	28.32		SSA E&A	Basildon	26/04/2026
U16G	Emily Elphick	37.51		Bedford & County AC	Grays	07/09/2025
U18W	Lily Addington	40.26		Colchester Harriers AC	Basildon	26/04/2026

Shot Putt						
Age	Athlete	Result	-	League Club	Location	Date
U14G	Davina Oladele	10.59		Thurrock Harriers	Thurrock	07/06/2026
U16G	Adanna Udechuku	13.5		Chelmsford AC	Chelmsford	07/06/2026
U18W	Monica Malagala	14.39		Chelmsford AC	Chelmsford	07/09/2025

4x100mR						
Age	Athlete	Result	-	League Club	Location	Date
U14G	Bedford & County AC	51.80		Bedford & County AC	Chelmsford	07/06/2026
U16G	Bedford & County AC	50.5		Bedford & County AC	Chelmsford	07/06/2026
U18W	Chelmsford AC	48.9		Chelmsford AC	Chelmsford	07/06/2026