

MALE

As at 13th July 2026

100 Metres						
Age	Athlete	Result	(w/s)	League Club	Location	Date
U14B	Alex Westgate	11.47	+0.8	Herts Pheonix	Barnet	05/07/2026
U16B	Kayden Thomas	10.92	+3.3	Shaftesbury Barnet Harriers	Barnet	05/07/2026
U18M	Oluwatobi Ogundeko	10.99	-3.9	Thurrock Harriers	Grays	07/09/2025

200 Metres						
Age	Athlete	Result	(w/s)	League Club	Location	Date
U14B	Hannas Aina	24.14	+1.4	Thurrock Harriers	Barnet	05/07/2026
U16B	Samuel Grimsley	22.49	+3.3	Herts Pheonix	Barnet	05/07/2026
U18M	Stanley Hurst	22.3	-	Shaftesbury Barnet Harriers	Cambridge	26/04/2026

300 Metres						
Age	Athlete	Result	-	League Club	Location	Date
U16B	Ben Bamisaiye	36.78		Shaftesbury Barnet Harriers	Watford	07/06/2026

400 Metres						
Age	Athlete	Result	-	League Club	Location	Date
U18M	Matthew Agbolegbe	50.5		Ilford & CoS	Basildon	26/04/2026

800 Metres						
Age	Athlete	Result	-	League Club	Location	Date
U14B	Josh Viner-Wood	02:09.8		Basildon	Sandy	05/07/2026
U16B	Jamie Gilbey	02:00.80		Chelmsford AC	Stevenage	26/04/2026
U18M	Daniel Pollard	01:53.7		Chelmsford AC	Chelmsford	07/06/2026

1500 Metres						
Age	Athlete	Result	-	League Club	Location	Date
U14B	Josh Viner-Wood	04:23.7		Basildon AC	Chelmsford	07/06/2026
U16B	Jake Davis	04:13.01		Bedfordshire Lions	Stevenage	26/04/2026
U18M	Freddie Rowe	03:56.07		Havering AC	Hornchurch	05/07/2026

80 Metres Hurdles						
Age	Athlete	Result	(w/s)	League Club	Location	Date
U14B	Seth Saunders	11.59	+1.7	Shaftesbury Barnet Harriers	Barnet	05/07/2026

100 Metres Hurdles						
Age	Athlete	Result	(w/s)	League Club	Location	Date
U16B	Kayden Thomas	12.61	+0.1	Shaftesbury Barnet Harriers	Barnet	05/07/2026

110 Metres Hurdles						
Age	Athlete	Result	(w/s)	League Club	Location	Date
U18M	Simeon Barker	14.63	+1.2	Havering AC	Hornchurch	05/07/2026

200 Metres Hurdles						
Age	Athlete	Result	(w/s)	League Club	Location	Date
U14B	X	99.9				

300 Metres Hurdles						
Age	Athlete	Result	-	League Club	Location	Date
U16B	Felix Churchill-Browne	40.9		Chelmsford AC	Chelmsford	07/06/2026

400 Metres Hurdles						
Age	Athlete	Result	-	League Club	Location	Date
U18M	Matthew Agbolegbe	50.5		Ilford & CoS	Basildon	26/04/2026

High Jump						
Age	Athlete	Result	-	League Club	Location	Date
U14B	James Tsui	1.65		Shaftesbury Barnet Harriers	Cambridge	26/04/2026
U16B	Alexander Marvell	1.91		Ipswich Harriers	Barnet	05/07/2026
U18M	Omondi Owuor	2.00		Cambridge & Coleridge AC	Grays	07/09/2025
	Charlie Pyner			Chelmsford AC	Basildon	26/04/2026

Long Jump						
Age	Athlete	Result	(w/s)	League Club	Location	Date
U14B	James Tsui	5.60		Shaftesbury Barnet Harriers	Barnet	05/07/2026
U16B	Kayden Thomas	6.18		Shaftesbury Barnet Harriers	Chelmsford	07/06/2026
U18M	Azariah Zvimba	6.61		Ilford & CoS	Barnet	05/07/2026

Triple Jump						
Age	Athlete	Result	(w/s)	League Club	Location	Date
U16B	Zac Jenkins	11.77		Watford Harriers	Watford	07/06/2026
U18M	Harley Henry	13.63		Shaftesbury Barnet Harriers	Grays	07/09/2025

Pole Vault						
Age	Athlete	Result	-	League Club	Location	Date
U14B	Josh Viner-Wood	2.50		Basildon AC	Chelmsford	07/06/2026
U16B	Noah Van Den Bergh	4.10		Shaftesbury Barnet Harriers	Chelmsford	07/06/2026
U18M	Ramsay Gill	4.40		Shaftesbury Barnet Harriers	Chelmsford	07/06/2026

Discus Throw						
Age	Athlete	Result	-	League Club	Location	Date
U14B	Seif Fahmey	36.23		SSA E&H	Thurrock	07/06/2026
U16B	Benjamin Wells	39.13		Basildon AC	Basildon	26/04/2026
U18M	Chu Ononogbu	49.79		Shaftesbury Barnet Harriers	Cambridge	26/04/2026

Hammer Throw						
Age	Athlete	Result	-	League Club	Location	Date
U14B	Mason Bracewell	43.60		SSA E&H	Thurrock	07/06/2026
U16B	Miles Lugo-Hankins	46.14		Ipswich Harriers	Barnet	05/07/2026
U18M	Milan Snarskis	51.94		Stevenage & HAWCS	Sandy	05/07/2026

Javelin Throw						
Age	Athlete	Result	-	League Club	Location	Date
U14B	Max Hounsell	37.26		SSA E&H	Hornchurch	05/07/2026
U16B	Jacob Dines	55.94		West Suffolk AC	Chelmsford	07/06/2026
U18M	Finley Dines	51.49		West Suffolk AC	Cambridge	26/04/2026

Shot Putt						
Age	Athlete	Result	-	League Club	Location	Date
U14B	Hannas Aina	12.75		Thurrock Harriers	Thurrock	07/06/2026
U16B	Ameer Salaam	17.76		Havering AC	Hornchurch	05/07/2026
U18M	Sam Johnson	14.81		Havering AC	Cambridge	26/04/2026

4X100mR						
Age	Athlete	Result	-	League Club	Location	Date
U14B	Havering	47.9		Havering AC	Watford	07/06/2026
U16B	SSA E&H	45.75		SSA E&H	Hornchurch	05/07/2026
U18M	Havering	43.44		Havering AC	Grays	07/09/2025

FEMALE

As at 13th July 2026

100 Metres

Age	Athlete	Result	(w/s)	League Club	Location	Date
U14G	Shalom Odetola	12.7	+1.5	Bedford & County AC	Sandy	05/07/2026
U16G	Eva Celestin	12.31	+2.3	Thurrock Harriers	Barnet	05/07/2026
U18W	Holly Ryan	12.0	-	Shaftesbury Barnet Harriers	Chelmsford	07/06/2026

200 Metres

Age	Athlete	Result	(w/s)	League Club	Location	Date
U14G	Sienna Darcy	25.84	+2.2	Shaftesbury Barnet Harriers	Barnet	05/07/2026
U16G	Anu Jaiyeola	25.53	+0.4	Shaftesbury Barnet Harriers	Barnet	05/07/2026
U18W	Holly Ryan	25.04	+2.3	Shaftesbury Barnet Harriers	Chelmsford	07/09/2025

300 Metres

Age	Athlete	Result	-	League Club	Location	Date
U16G	Keira Nix	41.59		Basildon AC	Sandy	05/07/2026

400 Metres

Age	Athlete	Result	-	League Club	Location	Date
U18W	Lucy Bulman	58.4		Chelmsford	Chelmsford	07/06/2026

800 Metres

Age	Athlete	Result	-	League Club	Location	Date
U14G	Katie Wyles	02:18.80		Basildon AC	Chelmsford	07/06/2026
U16G	Anya Rochester	02:15.0		Watford Harriers	Sandy	05/07/2026
U18W	Elmear McGinley	02:14.8		Watford Harriers	Watford	07/06/2026

1500 Metres

Age	Athlete	Result	-	League Club	Location	Date
U14G	Katie Wyles	04:54.7		Basildon AC	Basildon	26/04/2026
U16G	Sophia Davies	04:42.48		Brentwood Beagles	Hornchurch	05/07/2026
U18W	Jessica Walker	04:49.1		Chelmsford AC	Chelmsford	07/06/2026

75 Metres Hurdles

Age	Athlete	Result	(w/s)	League Club	Location	Date
U14G	Sienna Darcy	11.8	+0.1	Shaftesbury Barnet Harriers	Barnet	05/07/2026

80 Metres Hurdles

Age	Athlete	Result	(w/s)	League Club	Location	Date
U16G	Chloe Allam	12.24	+1.1	Chelmsford AC	Stevenage	26/04/2026

100 Metres Hurdles

Age	Athlete	Result	(w/s)	League Club	Location	Date
U18W	Amelie Scott	13.85	+1.9	Chelmsford AC	Stevenage	26/04/2026

200 Metres Hurdles

Age	Athlete	Result	(w/s)	League Club	Location	Date
U14G	Sienna Darcy	29.4		Shaftesbury Barnet Harriers	Chelmsford	07/06/2026

300 Metres Hurdles

Age	Athlete	Result	(w/s)	League Club	Location	Date
U16G	X	99.9				

400 Metres Hurdles

Age	Athlete	Result	(w/s)	League Club	Location	Date
U18W	X	99.9				

High Jump						
Age	Athlete	Result	-	League Club	Location	Date
U14G	Talia Stowers	1.55		City of Norwich AC	Sandy	05/07/2026
U16G	Freya McGowan	1.64		Watford	Stevenage	26/04/2026
U18W	Elouise Thomas	1.65		SSA E&A	Basildon	26/04/2026

Long Jump						
Age	Athlete	Result	(w/s)	League Club	Location	Date
U14G	Breanna Dosumu	5.06		Chelmsford AC	Hornchurch	05/07/2026
U16G	Everly Platts	5.26		Chelmsford AC	Chelmsford	07/06/2026
U18W	Alice Coshell	5.64		Thurrock Harriers	Stevenage	26/04/2026

Triple Jump						
Age	Athlete	Result	(w/s)	League Club	Location	Date
U16G	Abigail McElroy	10.94		Chelmsford AC	Hornchurch	05/07/2026
U18W	Alice Coshell	11.35		Thurrock Harriers	Stevenage	26/04/2026

Pole Vault						
Age	Athlete	Result	-	League Club	Location	Date
U14G	Amy Powell	2.30		St Albans AC	Chelmsford	07/06/2026
U16G	Lois Fordham	3.25		Bedford & County AC	Sandy	05/07/2026
U18W	Alice Bird	3.20		Enfield & Haringay	Chelmsford	07/09/2025

Discus Throw						
Age	Athlete	Result	-	League Club	Location	Date
U14G	Olivia McMillan	32.71		City of Norwich AC	Hornchurch	05/07/2026
U16G	Eleanor Wright	33.42		City of Norwich AC	Hornchurch	05/07/2026
U18W	Matilda Hewitt	38.54		Chelmsford AC	Hornchurch	05/07/2026

Hammer Throw						
Age	Athlete	Result	-	League Club	Location	Date
U14G	Isabella Springer	38.86		Harlow AC	Hornchurch	05/07/2026
U16G	Mia Flynn	52.03		Bedford & County AC	Chelmsford	07/06/2026
U18W	Monica Malagala	50.34		Chelmsford AC	Chelmsford	07/09/2025

Javelin Throw						
Age	Athlete	Result	-	League Club	Location	Date
U14G	Bobbi Billington	32.35		Shaftesbury Barnet Harriers	Barnet	05/07/2026
U16G	Emily Elphick	37.51		Bedford & County AC	Grays	07/09/2025
U18W	Lily Addington	40.26		Colchester Harriers AC	Basildon	26/04/2026

Shot Putt						
Age	Athlete	Result	-	League Club	Location	Date
U14G	Davina Oladele	10.59		Thurrock Harriers	Thurrock	07/06/2026
U16G	Adanna Udechuku	13.5		Chelmsford AC	Chelmsford	07/06/2026
U18W	Monica Malagala	14.39		Chelmsford AC	Chelmsford	07/09/2025

4x100mR						
Age	Athlete	Result	-	League Club	Location	Date
U14G	Bedford & County AC	51.80		Bedford & County AC	Chelmsford	07/06/2026
U16G	Chelmsford AC	49.71		Bedford & County AC	Hornchurch	05/07/2026
U18W	Chelmsford AC	48.9		Chelmsford AC	Chelmsford	07/06/2026