MALE

As at 6th October 2026

100 Metres

Age	Athlete	Result	(w/s)	League Club	Location	Date
U14B	Alex Westgate	11.47	+0.8	Herts Pheonix	Barnet	05/07/2026
U16B	Kayden Thomas	10.92	+3.3	Shaftesbury Barnet Harriers	Barnet	05/07/2026
U18M	Matthew Agbolegbe	10.97	-2.3	Ilford AC and Southend AC	Barnet	16/08/2026

200 Metres

Age	Athlete	Result	(w/s)	League Club	Location	Date
U14B	Zachary Ononye	23.42	-2.2	Shaftesbury Barnet Harriers	Chelmsford	06/09/2026
U16B	Samuel Grimsley	21.97	+1.3	Herts Pheonix	Bedford	16/08/2026
U18M	Matthew Agbolegbe	21.34	+2.1	Ilford AC and Southend AC	Barnet	16/08/2026

300 Metres

Age	Athlete	Result	-	League Club	Location	Date
U16B	Ben Bamisaiye	36.78		Shaftesbury Barnet Harriers	Watford	07/06/2026

400 Metres

Age	Athlete	Result	-	League Club	Location	Date
U18M	Matthew Agbolegbe	50.5		Ilford & CoS	Basildon	26/04/2026
	Quadri Orunsolu	50.5		Bedford & County AC	Chelmsford	06/09/2026

800 Metres

Age	Athlete	Result	-	League Club	Location	Date
U14B	Josh Viner-Wood	02:09.8		Basildon	Sandy	05/07/2026
U16B	Jamie Gilbey	02:00.80		Chelmsford AC	Stevenage	26/04/2026
U18M	Daniel Pollard	01:53.7		Chelmsford AC	Chelmsford	07/06/2026

1500 Metres

Age	Athlete	Result	-	League Club	Location	Date
U14B	Josh Viner-Wood	04:23.7		Basildon AC	Chelmsford	07/06/2026
U16B	Jake Davis	04:13.01		Bedfordshire Lions	Stevenage	26/04/2026
U18M	Freddie Rowe	03:56.07		Havering AC	Hornchurch	05/07/2026

80 Metres Hurdles

Age	Athlete	Result	(w/s)	League Club	Location	Date
U14B	Seth Saunders	11.59	+1.7	Shaftesbury Barnet Harriers	Barnet	05/07/2026

100 Metres Hurdles

Age	Athlete	Result	(w/s)	League Club	Location	Date
U16B	Kayden Thomas	12.61	+0.1	Shaftesbury Barnet Harriers	Barnet	05/07/2026

110 Metres Hurdles

Age	Athlete	Result	(w/s)	League Club	Location	Date
U18M	Simeon Barker	14.63	+1.2	Havering AC	Hornchurch	05/07/2026

200 Metres Hurdles

Age	Athlete	Result	(w/s)	League Club	Location	Date
U14B	Abe Martin	27.39		Herts Phoenix	Bedford	16/08/2026

300 Metres Hurdles

Age	Athlete	Result	-	League Club	Location	Date
U16B	Kayden Thomas	39.98		Shaftesbury Barnet Harriers	Barnet	16/08/2026

400 Metres Hurdles

Age	Athlete	Result	-	League Club	Location	Date
U18M	Matthew Agbolegbe	50.5		Ilford & CoS	Basildon	26/04/2026

High Jump						
Age	*Athlete*	*Result*	*-*	*League Club*	*Location*	*Date*
U14B	James Tsui	1.65		Shaftesbury Barnet Harriers	Cambridge	26/04/2026
	Aiden Kasonga	1.65		Watford Harriers	Barnet	16/08/2026
	James Tsui	1.65		Shaftesbury Barnet Harriers	Barnet	16/08/2026
U16B	Alexander Marvell	1.91		Ipswich Harriers	Barnet	05/07/2026
U18M	Omondi Owuor	2.02		Cambridge & Coleridge AC	Stevenage	06/09/2026

Long Jump						
Age	*Athlete*	*Result*	*(w/s)*	*League Club*	*Location*	*Date*
U14B	James Tsui	5.60		Shaftsbury Barnet Harriers	Barnet	05/07/2026
U16B	Zac Petherbridge	6.22		SSA/E&H	Chelmsford	06/09/2026
U18M	Azariah Zvimba	6.61		Ilford & CoS	Barnet	05/07/2026

Triple Jump						
Age	*Athlete*	*Result*	*(w/s)*	*League Club*	*Location*	*Date*
U16B	Frank Rozanek	11.94		Herts Phoenix	Stevenage	06/09/2026
U18M	Harley Henry	13.63		Shaftesbury Barnet Harriers	Grays	07/09/2025

Pole Vault						
Age	*Athlete*	*Result*	*-*	*League Club*	*Location*	*Date*
U14B	Josh Viner-Wood	2.50		Basildon AC	Chelmsford	07/06/2026
U16B	Noah Van Den Bergh	4.10		Shaftesbury Barnet Harriers	Chelmsford	07/06/2026
U18M	Ramsay Gill	4.40		Shaftesbury Barnet Harriers	Chelmsford	07/06/2026

Discus Throw						
Age	*Athlete*	*Result*	*-*	*League Club*	*Location*	*Date*
U14B	Seif Fahmey	36.23		SSA E&H	Thurrock	07/06/2026
U16B	Benjamin Wells	39.13		Basildon AC	Basildon	26/04/2026
U18M	Chu Ononogbu	49.79		Shaftesbury Barnet Harriers	Cambridge	26/04/2026

Hammer Throw						
Age	*Athlete*	*Result*	*-*	*League Club*	*Location*	*Date*
U14B	Mason Bracewell	43.60		SSA E&H	Thurrock	07/06/2026
U16B	Miles Lugo-Hankins	49.44		Ipswich Harriers	Norwich	16/08/2026
U18M	Milan Snarskis	51.94		Stevenage & HAWCS	Sandy	05/07/2026

Javelin Throw						
Age	*Athlete*	*Result*	*-*	*League Club*	*Location*	*Date*
U14B	Gideon Lee	40.97		Havering AC	Chelmsford	06/09/2026
U16B	Jacob Dines	63.22		West Suffolk AC	Norwich	16/08/2026
U18M	Alon Taylor	51.52		Shaftesbury Barnet Harriers	Barnet	16/08/2026

Shot Putt						
Age	*Athlete*	*Result*	*-*	*League Club*	*Location*	*Date*
U14B	Hannas Aina	13.63		Thurrock Harriers	Bedford	16/08/2026
U16B	Ameer Salaam	17.76		Havering AC	Hornchurch	05/07/2026
U18M	Sam Johnson	14.81		Havering AC	Cambridge	26/04/2026

4X100mR						
Age	*Athlete*	*Result*	*-*	*League Club*	*Location*	*Date*
U14B	Havering	47.9		Havering AC	Watford	07/06/2026
U16B	Shaftesbury Barnet Harriers	45.16		Shaftesbury Barnet Harriers	Chelmsford	06/09/2026
U18M	Havering	43.44		Havering AC	Grays	07/09/2025

FEMALE

As at 6th October 2026

100 Metres

Age	Athlete	Result	(w/s)	League Club	Location	Date
U14G	Shalom Odetola	12.7	+1.5	Bedford & County AC	Sandy	05/07/2026
U16G	Eva Celestin	12.31	+2.3	Thurrock Harriers	Barnet	05/07/2026
U18W	Holly Ryan	11.98	-0.4	Shaftsbury Barnet Harriers	Barnet	16/08/2026

200 Metres

Age	Athlete	Result	(w/s)	League Club	Location	Date
U14G	Sienna Darcy	25.84	+2.2	Shaftesbury Barnet Harriers	Barnet	05/07/2026
U16G	Anu Jaiyeola	25.53	+0.4	Shaftesbury Barnet Harriers	Barnet	05/07/2026
U18W	Holly Ryan	24.62	-0.9	Shaftesbury Barnet Harriers	Barnet	16/08/2026

300 Metres

Age	Athlete	Result	-	League Club	Location	Date
U16G	Katy Galach	40.34		SSE&H	Barnet	16/08/2026

400 Metres

Age	Athlete	Result	-	League Club	Location	Date
U18W	Lily Hartman	57.60		Chelmsford	Chelmsford	06/09/2026

800 Metres

Age	Athlete	Result	-	League Club	Location	Date
U14G	Katie Wyles	02:18.80		Basildon AC	Chelmsford	07/06/2026
U16G	Anya Rochester	02:15.0		Watford Harriers	Sandy	05/07/2026
U18W	Elmear McGinley	02:14.8		Watford Harriers	Watford	07/06/2026

1500 Metres

Age	Athlete	Result	-	League Club	Location	Date
U14G	Katie Wyles	04:47.52		Basildon AC	Norwich	16/08/2026
U16G	Sophia Davies	04:42.48		Brentwood Beagles	Hornchurch	05/07/2026
U18W	Jessica Walker	04:49.1		Chelmsford AC	Chelmsford	07/06/2026

75 Metres Hurdles

Age	Athlete	Result	(w/s)	League Club	Location	Date
U14G	Sienna Darcy	11.63	+2.4	Shaftesbury Barnet Harriers	Chelmsford	06/09/2026

80 Metres Hurdles

Age	Athlete	Result	(w/s)	League Club	Location	Date
U16G	Farryl McLoughlin	12.16	+2.4	Colchester Harriers AC	Stevenage	06/09/2026

100 Metres Hurdles

Age	Athlete	Result	(w/s)	League Club	Location	Date
U18W	Amelie Scott	13.85	+1.9	Chelmsford AC	Stevenage	26/04/2026

200 Metres Hurdles

Age	Athlete	Result	(w/s)	League Club	Location	Date
U14G	Sienna Darcy	29.4		Shaftesbury Barnet Harriers	Chelmsford	07/06/2026

300 Metres Hurdles

Age	Athlete	Result	-	League Club	Location	Date
U16G	Imogen Dempsey	47.74		Stevenage & NH AC and HAWCS	Barnet	16/08/2026

400 Metres Hurdles

Age	Athlete	Result	-	League Club	Location	Date
U18W	Lily Hartman	63.2		Chelmsford	Norwich	16/08/2026

High Jump						
Age	*Athlete*	*Result*	*-*	*League Club*	*Location*	*Date*
U14G	Talia Stowers	1.55		City of Norwich AC	Sandy	05/07/2026
U16G	Freya McGowan	1.70		Watford	Barnet	16/08/2026
U18W	Elouise Thomas	1.65		SSA E&A	Basildon	26/04/2026

Long Jump						
Age	*Athlete*	*Result*	*(w/s)*	*League Club*	*Location*	*Date*
U14G	Dami Adekunle	5.23		Shaftesbury Barnet Harriers	Chelmsford	06/09/2026
U16G	Everly Platts	5.33		Chelmsford AC	Chelmsford	06/09/2026
U18W	Alice Coshell	5.64		Thurrock Harriers	Stevenage	26/04/2026

Triple Jump						
Age	*Athlete*	*Result*	*(w/s)*	*League Club*	*Location*	*Date*
U16G	Abigail McElroy	11.53		Chelmsford AC	Chelmsford	06/09/2026
U18W	Alice Coshell	11.35		Thurrock Harriers	Stevenage	26/04/2026

Pole Vault						
Age	*Athlete*	*Result*	*-*	*League Club*	*Location*	*Date*
U14G	Amy Powell	2.30		St Albans AC	Chelmsford	07/06/2026
	Amy Powell	2.30		St Albans AC	Barnet	16/08/2026
U16G	Lois Fordham	3.25		Bedford & County AC	Sandy	05/07/2026
U18W	Alice Bird	3.20		Enfield & Haringay	Chelmsford	07/09/2025

Discus Throw						
Age	*Athlete*	*Result*	*-*	*League Club*	*Location*	*Date*
U14G	Olivia McMillan	32.71		City of Norwich AC	Hornchurch	05/07/2026
U16G	Adanna Udechuku	41.31		Chelmsford AC	Chelmsford	06/09/2026
U18W	Matilda Hewitt	38.54		Chelmsford AC	Hornchurch	05/07/2026

Hammer Throw						
Age	*Athlete*	*Result*	*-*	*League Club*	*Location*	*Date*
U14G	Isabella Springer	42.98		Harlow AC	Norwich	16/08/2026
U16G	Mia Flynn	52.03		Bedford & County AC	Chelmsford	07/06/2026
U18W	Monica Malagala	50.34		Chelmsford AC	Chelmsford	07/09/2025

Javelin Throw						
Age	*Athlete*	*Result*	*-*	*League Club*	*Location*	*Date*
U14G	Bobbi Billington	33.10		Shaftesbury Barnet Harriers	Chelmsford	06/09/2026
U16G	Ayla Baker	38.62		Havering AC	Chelmsford	06/09/2026
U18W	Lily Addington	40.26		Colchester Harriers AC	Basildon	26/04/2026

Shot Putt						
Age	*Athlete*	*Result*	*-*	*League Club*	*Location*	*Date*
U14G	Davina Oladele	10.59		Thurrock Harriers	Thurrock	07/06/2026
U16G	Adanna Udechuku	14.48		Chelmsford AC	Chelmsford	06/09/2026
U18W	Monica Malagala	15.27		Chelmsford AC	Chelmsford	06/09/2026

4x100mR						
Age	*Athlete*	*Result*	*-*	*League Club*	*Location*	*Date*
U14G	Shaftesbury Barnet Harriers	50.64		Shaftesbury Barnet Harriers	Chelmsford	06/09/2026
U16G	Chelmsford AC	49.71		Bedford & County AC	Hornchurch	05/07/2026
U18W	Chelmsford AC	48.43		Chelmsford AC	Chelmsford	06/09/2026